

Introduction to Twelve-Step Groups

1. By working the steps you learn what?
2. How does the majority of the group say they felt first going to meetings?
3. Give 3 examples of types of 12-Step meetings.
4. What is the only requirement to go to these meetings?
5. No matter what type of person is in a meeting they all share one thing in common, what is that?
6. What is the group talking about when they talk about making connections?
7. Can you look on-line and find local meetings?
8. When they talk about God in the program they are talking about a God as you what?
9. Is having a sponsor an important part of working the 12-Step program?
10. You should check out different meetings to find what?